

FOR IMMEDIATE RELEASE

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SVS REMINDS COMMUNITY: DOMESTIC VIOLENCE INCIDENTS RISE DURING THE HOLIDAYS

Salt Lake & Tooele County—November 26, 2025— As the holiday season approaches, **South Valley Services** is urging the community to remember that for many survivors of abuse, this time of year can bring increased risk of danger rather than joy.

Studies show:

- Domestic violence incidents often <u>rise around Thanksgiving</u>, <u>Christmas</u>, <u>and New Year's</u> due to increased proximity to abusive partners and added holiday-related stressors.
- Financial strain, social isolation, and reduced services during holiday closures can intensify an already unsafe situation.
- Nearly <u>15% of assault-related injury emergency room visits</u> in one national study occurred during holiday periods.

"We want to make sure survivors know that our doors are open, our services are safe, and support is available around the clock," said the **Executive Director**, **Lindsey Boyer** of **South Valley Services**.

As we enter a season focused on togetherness, **South Valley Services** asks community members to look for one another. A simple check-in, a quiet moment of support, or sharing hotline information can be lifesaving. For my guidance, review our Helping a Friend or Family Member webpage: https://svsutah.org/education/helping-a-friend-or-family-member/

If you or someone you know is experiencing domestic violence, please reach out:

- 24/7 Helpline in Salt Lake County: 801-255-1095
- **24/7** Helpline in Tooele County: 435-231-3557
- Website: www.svsutah.org
- Tooele Webpage: www.svsutah.org/pathways

"Everyone deserves safety," said **Lindsey Boyer**. "No matter the season."

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South Valley Services (SVS) is a 501(c)(3) non-profit organization that has served the local community since 1998. South Valley Services is a survivor-centered organization where individuals impacted by domestic abuse and sexual violence can realize their strength, courage, and resilience while on their path to an empowered future. For more information, please visit our website at www.svsutah.org.