

# **SVS Highlights**



Served over 2,663 clients



Sheltered 443 clients for 14,160 bed nights



Provided 1,848 hours of case management to 705 clients



Attended or taught 240 events reaching 5,305 people



Provided 1,557 hours of therapy to 450 clients



Provided 2,400 hours of service through our Children's Learning Center to 233 children

# **Pathways Highlights**



Served 308 clients



Sheltered 94 clients for 3,427 bed nights



Provided 214 clients with survivor advocacy



Over 400 helpline calls



Provided 47 clients with group counseling

## Dear Friends of South Valley Services,

Looking back on the previous fiscal year, it astonishes me to reflect on the exciting progress and substantial growth that happened in the space of only 12 months. We are excited to share with you the following key achievements:

- Celebrated 25 years of operations.
- Acquired the Pathways shelter and advocacy program that serves Tooele County.
- Served nearly 3,000 survivors in Tooele and Salt Lake Counties a new record!
- Implemented a dedicated position to our shelter team to assist with victim advocate training to ensure all services are traumainformed and client centered.
- Created a dedicated communications position to increase our reach so that more survivors know where to turn for help and so their neighbors and friends know how to support them.
- Increased private revenue by more than 60%, which means we are better able to support the unique needs of survivors and to ensure the sustainability of all our programs and services.
- Utilized 110 volunteers to maintain and improve shelter grounds, provide specialty services to clients like yoga and financial empowerment classes, deliver homemade meals, support client services, among many other group projects dedicated to serving survivors and their children.

All these accomplishments are a testament to the hard work, dedication, and unwavering commitment of the SVS staff, interns, volunteers, and the guidance of our Board of Trustees. Your support has been the bedrock of our achievements, and your steadfast belief in our mission propels us forward each day.

We want to express our deep gratitude to those who serve diligently to make SVS a safe haven for those in need. Their commitment is at the core of our success.

Equally, we recognize that we couldn't accomplish our mission without the invaluable support of our donors, volunteers, and community partners. You are the driving force behind SVS's mission, and you stand beside the survivors who access our support each day. Your involvement is pivotal, and we thank you for being an integral part of the solution.

Together, we will continue to make a positive impact and create a brighter, safer future for those we serve. Thank you for your ongoing commitment and support.

Sincerely,



Lindsey Boyer Executive Director South Valley Services

# **SVS Financials** Change in Net assets: \$41,015 Revenue \$3,091,484 Government: \$2,197,087 Private: \$894,397 Shelter Services 40% **Expenses** \$3,052,091 • Shelter Services: \$1,229,580 Case Management: \$1,021,987 Admin: \$444,628 Fundraising: \$217,909 Education and Prevention:\$137,987

# Looking Ahead

Looking ahead, we are filled with enthusiasm and determination to build upon the achievements of the past year. Our commitment to our mission remains unwavering, and as we continue to navigate the ever-evolving landscape of our work, we see a future brimming with possibilities. It is crucial for our community to understand the complexities of domestic abuse so we can help one another identify the warning signs and encourage access to supportive resources, like those at South Valley Services. It is equally important that we are prepared to support those who courageously reach out to ask for help and we cannot do this work without the support of our community.

With increasing awareness, more survivors are reaching out for help each year. Help us meet the growing need by following us on social media, donating to help us continue our lifesaving work, or volunteering to make a direct impact on the lives of the survivors we serve. Your support makes our vital mission possible. We're looking forward to a year full of new possibilities and increased success, made possible by our community's support.



# Mission

South Valley Services' mission is to provide safe shelter, advocacy, case management, and prevention services to women, men, and children experiencing psychological, physical, emotional, economic or sexual abuse at home.

We aim to empower individuals and communities through education to recognize their self-worth and to develop the necessary skills to reach their greatest potential, contributing to the collective well being of our community.

# Vision

To end family violence, one survivor at a time.

# 22-23 Board

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Located in Tooele, UT, South Valley Services has now merged with Pathways: Domestic Violence Shelter & Survivor Advocacy Center.

Pathways offers emergency shelter for individuals and families who are fleeing from domestic violence, and 24-hour crisis response for survivors of sexual assault/rape and sex trafficking. We provide a homelike atmosphere with trained professionals who staff the facility 24/7. Services and resources are provided to assist our guests in healing and gaining independence.

#### Services Offered at Pathways:

## 24-hour Help Line

Our trained advocates are available to answer calls 24 hours per day to provide information and resources, safety planning, support, or to connect survivors to advocacy services. We have language interpretation support for those who do not speak English.

# **Emergency Shelter**

Pathways offers safe, confidential, short-term shelter for survivors of domestic violence and sexual assault at the 12-bed emergency shelter. Our shelter is for individuals and families experiencing abuse who are at high risk of danger from their abuser and who need to escape into a safe, confidential setting.

## Community Advocacy

Community advocates in Tooele County can help you plan for your safety, connect you with community resources, and continue offering our support through safety planning, referrals to mental healthcare, employment searching and other needs. Services are available to all survivors of domestic violence or sexual assault. Legal advocates provide information and support regarding criminal and/or civil legal matters. Referrals to free legal clinics and other free or low-cost attorneys are also available.

# Services Offered in Salt Lake County

#### **Shelter Services: The Sanctuary**

The Sanctuary is a temporary home where survivors and their family members can be safe. Every shelter is different. At South Valley Services, our shelter offers 13 rooms and 56 beds. Each family is provided with a private bedroom and bathroom. In addition, there are communal areas such as the living room, laundry room, kitchen, and playground.

#### Children's Learning Center

Within our shelter, we provide a Children's Learning Center 24 hours per week (Monday – Friday). Our center is more than child care. Children engage in a learning environment that is sensitive to their unique situations and needs. Just like their parent, children in our shelter have access to victim advocacy, therapy, and a weekly support group.

## **Clinical Therapy**

Free clinical therapy services are offered to survivors of domestic violence and/or sexual assault. These therapy services are available to shelter residents as well as community members. We offer individual therapy for women, men, and children. Our services can also include family and group therapy.

## **Community Resources Center**

South Valley Services operates a Community Resource Center in West Valley City, with plans to expand to West Jordan City Hall in 2024. Our Community Resource Centers make services – like case management and victim advocacy – available to survivors who do not need emergency shelter. In addition, mobile case management is available by appointment in public libraries throughout Salt Lake County.

#### Classes

South Valley Services offers weekly support groups and adult classes in English and Spanish, including a self-esteem group. Isolation is a major tactic of domestic abuse, and many report a sense of relief to know that they are not alone on their journey.

#### **Outreach and Prevention**

The Prevention and Education Department offers a wide range of evidence-based programs to educate Utahns of all ages and backgrounds about domestic violence. This department also works to bring awareness about domestic violence issues and ultimately prevent domestic violence in Utah.





Audrey is a loving mother of four young children, all below the age of ten. Times were tough for her as she was trapped in an abusive relationship. Fearing for the safety of her children, she took the terrifying step to leave the abusive environment. With little more than the clothes they were wearing, she and her children found safety at Pathways.

The shelter was a welcome change, providing Audrey and her kids with much-needed safety and assistance. They remained there for a couple of months, as she began to put the pieces of her life back together. She worked with advocates, attended support groups, and started to look for job opportunities. Her strength grew every day and she resolved to change her life.

Audrey applied for various job positions. It was not easy, and she faced rejection more than once, however, she kept trying.

One day, Audrey was offered a job. She was so proud of herself for finding a steady income to support herself and her children. Audrey worked hard. With the job, she regained her sense of self-worth that had been eroded over the years.

Audrey was able to work with case management to get into an apartment of their own. It was a small, cozy place, nothing fancy, but to them, it was everything they had hoped for - a place they could safely call their "home."

Audrey's story is not just one of survival but of resilience. She faced her fears, maintained her courage, and strove for a better life for her children. Her success was achieved in the face of adversity, serving as a testament to her strength as a woman and a mother who persevered, her spirit shining as an example to those in a similar struggle. Her story sends a strong message of hope and resilience to other survivors, showing that it is possible to overcome domestic violence and live a life of freedom.

# A Donor's Story

Holly is a donor who has been donating handmade mother's day packages and Easter baskets for the children at our shelter since 2020. This year, Holly decided to extend her generosity and dropped off Halloween goodie bags she made for all the adults and kids at our shelter.

Holly first got involved with South Valley Services when her friend Patty was helping her to look for a local shelter, calling our development department to see how she could donate.

Being a donor to South Valley Services hits close to home for Holly as she is a survivor of domestic violence. Earlier in life, she spent over six months in a domestic violence shelter. Holly has firsthand experience, allowing her to understand and empathize with the women, men, and children who stay at the Sanctuary and utilize our services.

Holly shared with us, "While continuing to try to heal from PTSD, I find that serving this group helps me to feel love for this group of people and helps me, in turn, heal myself."

Holly hopes that each survivor and their children can feel loved and know they're thought of positively when they receive her goodie bags.





www.svsutah.org | 24 Hour Helpline: 801-255-1095



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